

Coronavirus Risk Assessment							
Location/Dept: Chesham Moor Gym and Swim			Date Assessed: 13/7/2020, Revised: 28/10/2020		Assessed by: Policy Officer, Town Clerk, Pool Manager, Pool Deputy Manager		
Task/Activity: Re-opening centre							
Activity/ Task	Hazard/ Risk	Persons at Risk	Controls in Place	Severity (1-5)	Likelihood (1-5)	Risk/ Priority	Additional Controls Required
Centre open to the public	Contact with persons suffering from coronavirus	Employees Contractors Visitors	<p>If an employee or known visitor tests positive for coronavirus, further advice will be sought from the local Health Protection Team. They will take over the risk assessment process from that point.</p> <p>Once symptomatic, all surfaces that the person has come into significant contact with must be cleaned, including:</p> <ul style="list-style-type: none"> <li>• All surfaces and objects which are visibly contaminated with body fluids; and</li> <li>• All potentially contaminated high-contact areas such as toilets, door handles, telephones, etc.</li> </ul> <p>Public areas where a symptomatic individual has passed through and spent minimal time in (such as corridors) but which are not visibly contaminated with bodily fluids do not need to be specially cleaned and disinfected.</p> <p>If a person becomes ill in a shared space, these should be cleaned using disposable cloths and household detergents, according to current recommended workplace legislation and practice.</p>	5	1	5	<p>Guidance and recommended risk control measures will be sourced directly from the GOV.UK website wherever possible.</p> <p><a href="https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities">https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities</a></p> <p>Control measures will be revised and updated daily at 2pm when the latest government guidance is released.</p>

Centre open to the public	Spread of COVID-19 Corona within the venue	<p>Employees/Public</p> <p>Visitors to your premises</p> <p>Cleaners</p> <p>Contractors</p> <p>Drivers</p> <p>Vulnerable groups – Elderly, Pregnant workers, those with existing underlying health conditions</p> <p>Anyone else who physically comes in</p>	<ul style="list-style-type: none"> <li>• Hand washing facilities with soap and water in place.</li> <li>• Stringent hand washing taking place.</li> <li>• Employees to be reminded on a regular basis to wash their hands for 20 seconds with water. Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands. Tissues and hand sanitiser will be made available throughout the workplace.</li> <li>• See hand washing guidance: <a href="https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/">https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/</a></li> <li>• Drying of hands with disposable paper towels: <a href="https://www.nursingtimes.net/news/research-and-innovation/paper-towels-much-more-effective-at-removing-viruses-than-hand-dryers-17-04-2020/">https://www.nursingtimes.net/news/research-and-innovation/paper-towels-much-more-effective-at-removing-viruses-than-hand-dryers-17-04-2020/</a></li> <li>• Sanitiser stations at various strategic points around the building including all offices and the foyer</li> <li>• Install protective screens</li> </ul>	5	2	10	<p>Encourage staff to report any problems and carry out skin checks as part of a skin surveillance programme <a href="https://www.hse.gov.uk/skin/professional/health-surveillance.htm">https://www.hse.gov.uk/skin/professional/health-surveillance.htm</a></p> <p>To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice through display of posters etc <a href="https://www.publichealth.hscni.net/news/covid-19-coronavirus">https://www.publichealth.hscni.net/news/covid-19-coronavirus</a></p>
---------------------------	--	--	--	---	---	----	---

			<ul style="list-style-type: none"> <li>• Social distancing measures to be implemented as per government guidelines. 1m gaps to be maintained wherever possible. Floor markings to be placed at 1m. As social distancing is below 2m in places, this is mitigated for by additional cleaning and hand sanitising. Members of staff will be tasked with ensuring social distancing of visitors at all time.</li> <li>• Implement a one-way system at the centre to assist with social distancing.</li> <li>• All people entering the building will have their temperature tested upon admission.</li> <li>• All windows will be open to maximise ventilation</li> </ul>				
Centre open to the public	COVID-19 on surfaces	All centre users, employees and any visitors	<p>Hourly cleaning of the whole centre. Weekly deep clean of centre. Spray recommended against COVID-19 will be used around the whole centre, and placed at every cleaning point. Gym users to clean equipment before and after each use.</p>	5	1	5	
Use of the gym	Risk of Transmission	Gym users and employees	Music in gym will be of a level that will not require shouting to communicate, reducing risk of aerosol/droplet transmission.	5	1	5	

			<p>Customers will be asked to clean gym equipment before and after use.</p> <p>Approximately 1 cleaning station provided per 3 machines, with a 2 metre distance between all kit.</p> <p>No gym towels are allowed in the centre.</p> <p>45 minute sessions with 15 minute change over time for the gym. Maximum number of 12 gym members for one session.</p>				
Use of Changing rooms, showers, toilets	Risk of transmission	Everyone using the centre	<p>Changing rooms are only to be used in a pool evaluation when thunder and lightning is in the area. They will have restricted number allowed in each changing area. use of the showers in the changing rooms are prohibited. Showers available on poolside. The male changing room will be restricted to maximum of six swimmers and the female changing room will be restricted to a maximum of 8 swimmers to abide by social distancing guidelines.</p> <p>Once capacities in the changing areas are reached, the rest of the swimmers will have to get changed outside. Swimmers will be encourage to leave poolside in dry robes, dressing gowns etc. to limit swimmers in changing areas, in case of thunder and lighting</p> <p>Access to the changing rooms will only be allowed via the poolside door, with lifeguards granting access only. Windows will be open in the changing rooms to provide ventilation.</p> <p>Gym users will be allowed to use the Disabled Changing Room, providing it is not required by a disabled user, to help reduce numbers in the other changing rooms.</p> <p>Users will be informed to come 'Beach ready' for the pool and only to use the changing rooms after</p>	5	2	10	

			<p>swimming. Gym users told come in their kit for the gym. Access to toilets to be managed to ensure occupancy not exceeded. Cleaning will occur hourly.</p>				
Use of fitness studio	Risk of transmission	Studio users	<p>Personal training sessions will be run 1 to 1, if family from same bubble can train 1 to 2. Studio will be separated in two sections for 2 personal training companies. The personal trainers will be responsible for clean gym equipment and maintaining social distancing with clients. Centre staff will clean the area daily. Classes will have a maximum capacity in line with government guidelines, which includes instructors. Instructors will have responsibility to make sure that all equipment is cleaned after each session.</p>	5	1	5	
Courts	Risk of transmission	Court users	<p>Court booking will be online. Courts will be cleaned daily.</p>	5	1	5	
Swimming pool	Risk of transmission	Swimmers	<p>The poolside will washed/bucket down at the beginning of the day, and after each session, barriers and benches will be wiped/bucketed down. All swimmers will be beach ready as informed changing rooms unavailable Guidance from <a href="https://www.pwttag.org/reopening-pool-after-covid-19-shutdown/">https://www.pwttag.org/reopening-pool-after-covid-19-shutdown/</a> used to re-open the pool safely and ensure water chemistry is appropriate to reduced COVID risk. 45 minute sessions allowed with 15 minute change over time. Maximum number of 20 swimmers for one session.</p>	5	2	10	

Staffing at the centre	Risk of transmission	Employees	<p>Lifeguards and first aiders will have staff training monthly, with new guidelines being followed.</p> <p>Rearrange office space and make home working arrangements for staff where possible.</p> <p>Rotas/Communication issues electronically to reduce the need for paperwork.</p> <p>Where possible, shifts will be shared by employees who are in the same social bubble. Where possible, there will be fixed teams operating.</p> <p>Make masks and gloves available to staff. Ensure gloves are replaced hourly and staff wash their hands before new gloves are put on.</p>	5	2	10	<p>Guidelines and updates to be reviewed monthly or when updates received</p> <p><a href="https://www.rlss.org.uk/">https://www.rlss.org.uk/</a></p>
Taking payment	Risk of transmission by contact with cash	Employees and customers	<p>Avoid the need to handle cash wherever possible. Card or advance payment only at all sales outlets.</p>	5	1	5	
Water fountain in the gym	Risk of transmission	Customers	<p>Signage will be displayed at the fountain to prohibit mouth to tap drinking.</p>	5	1	5	

## Risk/Priority Indicator Key

Severity (Consequence)
1. Negligible (delay only)
2. Slight (minor injury / damage / interruption)
3. Moderate (lost time injury, illness, damage, lost business)
4. High (major injury / damage, lost time business interruption, disablement)
5. Very High (fatality / business closure)

Likelihood
1. Improbable / very unlikely
2. Unlikely
3. Even chance / may happen
4. Likely
5. Almost certain / imminent

RISK / PRIORITY INDICATOR MATRIX						
LIK ELI HO OD	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
	1	2	3	4	5	
	SEVERITY (CONSEQUENCE)					

Summary		Suggested Timeframe
12-25	High	As soon as possible
6-11	Medium	Within the next three to six months
1-5	Low	Whenever viable to do so

## Daily Monitoring Checklist

Ensure that you have:

Action	Yes	Confirmed by	Comments
Reviewed the updated guidance from the government	Y	Pool Manager & Deputy Manager	
Reviewed and updated the risk assessment to incorporate any changes to the guidance	Y	Pool Manager & Deputy Manager	
Ensured sufficient stocks of soap, hand sanitiser and disinfectant are available	Y	Pool Manager & Deputy Manager	
Identified and implemented the (new) recommended control measures	Y	Pool Manager & Deputy Manager	